



Parks & Recreation Department



Junior Lifeguard Camp

This program introduces young people to safe marine and aquatic recreational opportunities. The program is designed to improve young people's physical conditioning, understanding and respect for the environment around them, and respect for themselves, peers and parents.

Monday through Friday

8:30AM to 12:30PM

Ages 8 to 16 Years

Fee per Session: \$150/Residents \$200/Non-Residents**

* Plus a \$15 non-refundable (one-time) Registration Fee

* Plus a \$25 non-refundable (one-time) Uniform Fee.

****Proof of Residency required for Pompano Beach Residents**

***Swimming *Lifesaving *Water Safety *Beach Games ***

***Marine Wildlife * Field Trips * Environmental Education * And MORE!**

Session 1: June 14 , 2021 to June 25, 2021

Session 2: July 5, 2021 to July 16, 2021

Session 3: July 26, 2021 to Aug. 6, 2021

Red Cross Lifeguard Certification Week

Ages 15 - 18

Session 4: Aug. 9, 2021 to Aug. 13, 2021

All Sessions capped at 20 participants. Registration deadline of the Friday before next session at 12PM



For more information, please call (954) 786-4128.



Book Swim Test Appointment:

Participants must pass a swim test in order to participate in the Pompano Beach Jr. Lifeguard Program. Participants from the 2019 & 2020 Pompano Beach Jr. Lifeguard Program are exempt from this requirement.

Parents can register their child for a "Swim Test Appointment" on the Aquatic Center's reservation system. You will select "Sign Up" and complete a profile. After completing the profile go to the "Programs" tab and select "Jr Lifeguard Swim Test". Then click on "Book This Jr. Lifeguard Beach Swim Test" and continue with prompts to select a date/time. Once completed correctly the system will automatically issue you a confirmation of your appointment. We can test up to three (3) children per appointment if they live in the same household. The single appointment only needs to be under the Parent's profile.

APPOINTMENT DATES/TIMES:

Weekdays at 3PM, 3:15PM, 3:30PM, & 4PM. Weekends at 1PM, 1:15PM, 1:30PM, & 1:45PM

WEBSITE:

<https://pompanobeachaquaticcenter.com/>

Day of Appointment:

Arrive at least five (5) minutes to check in with the front desk. Children need to come to the appointment in their swim suits and ready to get in the water. Parents will remain outside the facility & may choose to watch the swim test from the outside of the perimeter fence. Masks are required in and around the facility. Children can remove their masks before entering the water and must put it back on once they complete their swim test.

Program Registration:

The lifeguard will give the "passed" evaluation form to the Cashier and the parent may then complete the registration with the cashier. If the child does not pass the swim test they cannot register for the program. Swim test appointment does not guarantee availability for program registration. Registration remains on a first come first served basis for availability.

****Window to book online SWIM TEST appointments opens at 9AM on May 5th to correspond with the opening of regular Jr. Guard enrollment****

The City of Pompano Beach Parks & Recreation Department would like to thank you for your interest in our **Junior Lifeguard Beach Camp**. With the ongoing pandemic, the health and safety of our campers and staff remain our highest priority. Below, you will find a summary of actions we are taking to help ensure we are lowering the COVID-19 risk as much as possible.

- Camp will be limited to twenty (20) participants per session. Each session will be broken down into two (2) groups of ten (10) participants, one (1) Coordinator, & one (1) Rec Aide. The Head Coach will oversee both groups and fill in for lower positions as needed.
- To minimize the mixing of campers, registration will be taken by session only. Registration deadline for each session will be at 12PM on the Friday before the next session starts.
 - Session 1: June 14, 2021 to June 25, 2021 (*Deadline of June 11 @ 12PM*)
 - Session 2: July 5, 2021 to July 16, 2021 (*Deadline of July 2 @ 12PM*)
 - Session 3: July 26, 2021 to August 6, 2021 (*Deadline of July 23 @ 12PM*)
- Camp registration will open on May 5th at 12PM. Participants from Jr. Lifeguard Camp 2019 & 2020 will not have to re-take a swim tests. New participants will sign up for a swim test appointment (Instructions on page labeled "Book Swim Test Appointment").
- All staff members and campers will be required to wear a mask with the exception of eating or while engaged in strenuous activities.
- Campers and staff will be subject to a temperature check and health screening each morning prior to entering camp.
- Campers or staff with a temperature of 100.4 degrees and/or exhibiting signs of COVID-19 will be sent home immediately and will not be allowed to return without a doctor's note.
- If a child develops symptoms while at camp, they will be isolated and their parent/guardian will be contacted to pick them up.
- Games, activities, and field trips will be structured with social distancing guidelines in mind.
- Equipment (rescue cans, paddle boards, etc.) will regularly sanitized between users.
- To reduce the number of communal items campers will have a list of supplies that they will need to bring to camp daily. These items cannot be shared by campers or staff. (See Supply List)
- Staff will have campers hand sanitize after each activity and will have them wash their hands often. Campers will be expected to practice proper hand-washing techniques.
- Field trip waivers/forms will be distributed on the first day of camp session and must be returned to the Head Coach two days before appointed field trip. Failure to turn in fieldtrip form will result in the child not being allowed to attend camp on day of appointed trip & camp fees will not be prorated to reflect lost day.

Supply List:

Please send your child to camp each day with the following:

- Uniform Rash Guard Shirt & a swim suit.
- A snack & plenty of water
- Sunscreen labeled with your child's name (Staff will not apply sunscreen to campers)
- Mask or Buff style face covering for group activities.
- Additional equipment may be needed per activity week (Snorkel equipment, fishing rod, etc)

Daily Schedule:

8:00am -8:30 Arrival

8:30- 8:45- Daily Briefing Water and Sunscreen Application

8:45- 9:30- Morning Workout

9:30- 9:45 Water/Sunscreen Break

9:45 – 11:00 Activity

11:00- 11:15 Water/Sunscreen Break

11:15- 12:15- Free Time or Game

12:30PM: Pickup

Operational Hours and Sign IN/OUT procedures:

Jr. Lifeguard Camp hours are Monday to Friday from 8:30AM to 12:30 PM. When dropping off your child it is mandatory that a parent or authorized adult walk them into camp and sign them in on a daily attendance sheet. Campers will be subject to a temperature check & health screening prior to entering camp. Please make sure all individuals authorized to pick up your child are listed on their registration form. These individuals must show ID before child will be released to them.

We ask that you help us continue to protect the health of our campers and staff this summer. **Anyone who is not feeling well or exhibiting signs of illness- including staff, campers, and families- should not come to camp.** Be on the lookout for symptoms of COVID-19, which include fever, cough, shortness of breath, chills, muscle pain, sore throat, and loss of taste or smell. Call your doctor if you think you or a family member is sick. You can find more information about COVID-19 at www.cdc.gov/coronavirus.

We look forward to a healthy, safe and fun summer!


- City of Pompano Beach Parks and Recreation Department

Beach Jr. Lifeguard Camp Schedule



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		JUNE				
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
SESSION 1 Intro to Jr. Guards →	Team Building Exercises	Run Swim Run	CPR Lifeguard 101	Snorkeling	FIELD TRIP (Water Taxi)	
20	21	22	23	24	25	26
	Beach Flags	Surfboard Relay Race	Pool Obstacle Course	Color Tag	PIER JUMP	
27	28	29	30	1	2	3
	OFF WEEK	OFF WEEK	OFF WEEK	JULY OFF WEEK	OFF WEEK	

*Calendar subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
4	5	6	7	8	9	10
SESSION II INTRO TO OCEAN & ENVIROMENT →	Beach Clean Up	Sand Dune Planting	CPR Lifeguard 101	Snorkeling	FIELD TRIP (Museum/Nature Center)	
11	12	13	14	15	16	17
	Wildlife Presentation	Snorkeling	Pier Fishing	Obstacle Course	PIER JUMP	
18	19	20	21	22	23	24
	OFF WEEK	OFF WEEK	OFF WEEK	OFF WEEK	OFF WEEK	
25	26	27	28	29	30	31
SESSION III LIFEGUARD TRAINING →	Surf Rescue	Beach Flags	CPR Lifeguard 101	Snorkeling	FIELD TRIP (Rapids Water Park)	
AUGUST	1	2	3	4	5	6
	Lighthouse Run	Run Swim Run	Paddle Boards	COMPITITION DAY!	PIER JUMP	7

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8	9	10	11	12	13	14
LIFEGUARD TRAINING AND CERT WEEK →	@ Aquatic Center	@ Aquatic Center	@ Aquatic Center	@ Aquatic Center	@ Aquatic Center	@ Aquatic Center

*Calendar & Field Trips subject to change

City of Pompano Beach



2021 Junior Lifeguard & Grommets Program Application

Participant's Name: _____ Age: _____ Gender: _____

Street Address: _____ Date of Birth: _____

City & Zip Code: _____ Parent's Cell: _____

Parent(s) Name(s): _____

Parent(s) Email: _____

Emergency Contact Name & Number: _____

Persons authorized to pick up child: 1) _____ 2) _____ 3) _____

4) _____ 5) _____ 6) _____

Medical History/Allergies/Medications: _____

Shirt Size (Select One (1) Option): Youth- XS S M L XL Adult – XS S M L XL

Accepted forms of payment: CASH, VISA, MASTER CARD, DISCOVER, or AMERICAN EXPRESS

DESCRIPTION	DATES	COST Resident/Non-Resident	ACTIVITY CODE	SELECT
Registration Fee	All	\$15.00	101500-8	✓
Uniform Fee	All	\$25.00	101510-8	✓
Jr. Lifeguard Camp Session 1	June 14 – June 25	\$150.00 / \$200.00	101501-8	
Jr. Lifeguard Camp Session 2	July 5 – July 16	\$150.00 / \$200.00	101502-8	
Jr. Lifeguard Camp Session 3	July 26 to Aug. 6	\$150.00 / \$200.00	101503-8	
Jr. Lifeguard Camp Session 4	Aug. 9 to Aug 13	\$150.00 / \$200.00	101504-8	

*****Session 4: ARC Training Week. Must be 15- 18 years of age. Program will require online ARC Course component. Completion of online program, perfect attendance, & passing scores on written & skills tests required for ARC Lifeguard Certification. Registration in camp week does not guarantee ARC Certification.*****

USLA Membership is optional for Camp participation but required for USLA competitions like Regionals & Nationals. Registration can be completed online at:

<https://www.usla.org/page/MEMBERSHIP>

Application must be completed in its entirety. All Waivers and Forms must be signed for registration in the program.

For Office Use Only:

Application Checklist	Application	COVID-19 Waiver	Waiver & Refund Agr.	Info Release	Code of Conduct	Swim Test Form
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Assumption of Risk and Waiver of Liability Relating to Coronavirus/COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. **COVID-19 is extremely contagious** and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend physical distancing and have, in many locations, prohibited the congregation of groups and people.

The City of Pompano Beach (City) has put in place preventative measures to reduce the spread of COVID-19; however, the City **cannot guarantee** that you, your children, or any other person, will not become infected with COVID-19. Further, attending City sponsored activities could increase your risk and your child or children's risk of contracting COVID-19. Therefore, if you choose to participate in any of the City sponsored events, activities and/or programs you are required to acknowledge and execute this Waiver for yourself, child and/or children.

ACKNOWLEDGEMENT

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child or children and I may be exposed to or infected by COVID-19 by attending City activities and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at City activities may result from the actions, omissions, or negligence of myself and others, including but not limited to City employees, volunteers, and program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child or children or myself, including, but not limited to, personal injury, disability, death, illness, damage, loss, claim, liability, or expense or any kind, that I or my child or children may experience or incur in connection with my child or children's attendance at City activities or programming. On my behalf and on behalf of my child or children, I hereby release, covenant not to sue, discharge, and hold harmless and indemnify the City, its officials, employees, agents, and representatives, of and from any and all claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any claims based on the actions, omissions, or negligence of the City, its employees, agents and representatives, whether a COVID-19 infection occurs before, during, or after participation in any City program.

Signature of Parent/Guardian

Date

Print Name of Parent/Guardian

Name of Activity Participant(s)

Waiver For Minors (By Adult)

PLEASE READ THIS FORM COMPLETELY AND CAREFULLY. You are agreeing to let your minor child engage in a potentially dangerous activity. You are agreeing that, even if the CITY OF POMPANO BEACH uses reasonable care in providing this activity, there is a chance YOUR CHILD MAY BE SERIOUSLY INJURED OR KILLED BY PARTICIPATING IN THIS ACTIVITY because there are certain dangers inherent in the activity which cannot be avoided or eliminated. By signing this form YOU ARE GIVING UP YOUR CHILD'S RIGHT AND YOUR RIGHT TO RECOVER FROM THE CITY OF POMPANO BEACH IN A LAWSUIT FOR ANY PERSONAL INJURY, INCLUDING DEATH, TO YOUR CHILD OR ANY PROPERTY DAMAGE that results from the risks that are a natural part of the activity. You have the right to refuse to sign this form, and the City of Pompano Beach has the right to refuse to let your child participate if you do not sign this form.

The undersigned expressly ACKNOWLEDGES, UNDERSTANDS AND AGREES that the activities offered by the City of Pompano Beach Parks and Recreation Department involve the risk of injury and/or death and/or property damage. Accordingly, the undersigned ACKNOWLEDGES that the City of Pompano Beach and/or its OFFICERS, COMMISSIONERS, EMPLOYEES OR AGENTS, all for the purposes herein referred to As "RELEASEE" are not responsible for any bodily injury, death or property damage sustained while participating in the City of Pompano Beach Parks and Recreation Department's activities. The undersigned HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE, RELEASEE from any and all liability to the above named PARTICIPANT/CHILD, his or her personal representatives, assigns, heirs, and next of kin for any and all injury, death, loss, or damage, and any claims or demands therefore whether caused by negligence of RELEASEE or otherwise while the above named PARTICIPANT/CHILD is participating in the activity or activities.

I hereby authorize and give my permission for the City to call my child's physician and/or to arrange for emergency service technician response or for transportation to a hospital, in the event of any injury or illness to my child; although I understand that the City assumes no responsibility to do so.

REFUNDS WILL ONLY BE MADE FOR CLASSES CANCELLED BY THE PARKS AND RECREATION DEPARTMENT. IF YOU REQUEST A REFUND DUE TO A PERSONAL REASON, A \$15 REFUND SERVICE FEE WILL BE DEDUCTED FROM THE PROGRAM/CLASS FEE PAID. *REGISTRATION AND APPLICATION FEES ARE NON-REFUNDABLE.

READ, UNDERSTOOD, AND AGREED TO this _____ day of _____, 20____

Parent/Guardian Signature: _____ Witnessed By: _____

Print/Electronic Media Release

I hereby give my permission to the City of Pompano Beach to take, use and display photographic or digital images of me or my child, which may be posted on the City's Internet website or forwarded to newspapers and other publications in which the photograph or digital image would be associated with the City Pompano Beach.

READ, UNDERSTOOD, AND AGREED TO this _____ day of _____, 20____

Parent/Guardian Signature: _____ Witnessed By: _____

Official Use Only

- ☐ Form is complete, signed and witnessed.
- ☐ Confirm birth certificate and age of participant.
- ☐ Confirm residency with acceptable form of identification. Confirm that address and phone numbers are correct in RecTrac.
- ☐ Update household in RecTrac if necessary.

Employee Name: _____ Date: _____

**POMPANO BEACH JUNIOR LIFEGUARD ASSOCIATION, INC.
AUTHORIZATION TO RELEASE INFORMATION**

The undersigned hereby agrees to release the following information to the Pompano Beach Junior Lifeguard Association, Inc. (the "Junior Lifeguard Parents Board") in order to receive emails, phone calls, and other information regarding the Pompano Beach Junior Lifeguard Program.

The undersigned also authorizes the Junior Lifeguard Parents Board to publish photographs taken of the undersigned and the name of the child below, including their names, for use in publications, including online and video-based marketing materials, as determined by the Junior Lifeguard Parents Board. The undersigned further acknowledges that participation herein is voluntary and that neither the undersigned nor the minor child will receive any rights of ownership, royalties or financial compensation of any type associated with the taking or publication of these photographs or videos in the marketing materials and publications employed by the Junior Lifeguard Parents Board.

The undersigned further releases and holds harmless the Junior Lifeguard Parents Board, its officers and directors, and any third parties involved in the creation of publications, from any reasonable expectation of privacy or confidentiality associated with the published names and photographs and any liability for any claims by the undersigned or any third party in connection with the undersigned's participation or that of the above named child.

Name of Participant Child: _____

Name of Parent and/or Legal Guardian: _____

Email Address: _____

Additional Email Address: _____

**(PLEASE MAKE SURE THE EMAIL ADDRESS IS LEGIBLE AS MOST
INFORMATION ARE SENT BY EMAIL.)**

Street Address: _____

City: _____ State: _____ Zip: _____

Cell Phone Number: _____ Home Phone Number: _____

Signature of Parent and/or Legal Guardian

Date

RECREATION PROGRAM CODE OF CONDUCT

In order for all recreation program participants to have a safe and enjoyable experience, all participants must demonstrate good behavior and respect for themselves as well as others.

As a recreation program participant I agree to:

1. Be respectful, courteous, and considerate of others at all times.
2. Respect the property of others and leave valuables at home (i.e., cell phones, gaming devices.)
3. Communicate in an appropriate manner and refrain from using abusive or foul language.
4. Be responsible for my actions and understand that irresponsible behavior will result in disciplinary action.
5. Refrain from deliberately causing harm to oneself or others. **BULLYING WILL NOT BE TOLERATED.**
6. Keep my hands to myself and respect the personal space of others.
7. Follow directions and cooperate with staff.
8. Stay with my group or in my designated play area at all times.
9. Be a good sport and participate in all activities and games in a fair manner.
10. Wear closed-toe shoes and appropriate clothing.
11. Clean up after myself and always throw my trash in the garbage can.
12. Use program equipment and supplies in a safe and respectful manner.

I understand that if I do not follow these rules, my parent/guardian will be notified. Serious behavior problems or repeatedly breaking the rules will result in disciplinary action and may result in expulsion from this program. (See Disciplinary Guidelines listed below.)

Participant's Signature _____

Date _____

As the parent/guardian, I agree to:

1. Serve as a good role model for my child.
2. Interact with staff in a respectful manner.
3. Assure my child arrives and departs the program site on time.
4. Sign out my child(ren) before 6:00 p.m. or pay a late fee of \$5.00 for every 5 minutes I am late.
5. I understand that late fees are not intended to be a substitute for picking up my child, and that I may be asked to leave the program should a pattern develop.

With my signature below, I acknowledge the above Code of Conduct statements. I have discussed the Code of Conduct with my child and he/she understands the behavior that is expected of them.

Parent/Guardian Signature: _____ **Date:** _____

DISCIPLINARY GUIDELINES

The steps for progressive disciplinary action are listed below. Depending on the severity of the action, several steps may be taken at once.

- 1st Warning:** Written warning with parent notification
2nd Warning: 1 day suspension and parent conference
3rd Warning: 3 day suspension and parent conference
4th Warning: 5 day suspension and parent conference
5th Warning: Expulsion from the program

****THE SITE SUPERVISOR RESERVES THE RIGHT TO FORGO THE DISCIPLINARY ACTION PROCEDURE AND COMMENCE IMMEDIATE SUSPENSION/DISMISSAL OF A CAMPER BASED ON THE SEVERITY OF THE BEHAVIOR***

Parent Initials _____

City of Pompano Beach
Junior Lifeguard & Grommets Program Application

Participant's Name: _____ Age: _____ Gender: _____

Instructor Signature: _____

Junior Lifeguard Test:

Testing administrator please mark a "P" for Pass or an "F" for fail in the space provided below

____ Swim 150 yards non-stop within 5 minutes.

____ Tread in deep water for 3 minutes.

____ Swim 5 yards underwater.

Grommets Test:

Testing administrator please mark a "P" for Pass or an "F" for fail in the space provided below

____ 50 yard swim, no time limit.

Form to be completed by Pompano Beach Aquatic Center.