

# February 2026

Field Trip sign-ups will open on the 1<sup>st</sup> Tuesday of the month 12:00 PM

| SUNDAY  | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY  |
|---|---|---|---|--|--|---|
| February 1<br>Black History Month<br><br>Tiger Trail Collier City Trailblazers 4p McNair Park | 1 <b>Early Bird BINGO 9:30a-10a</b><br><b>Praise &amp; Sing Along 10a-11:30a (GR)</b>   | 2 Supervisor of Elections 9a-1p (LA)<br><br>Body Movin! 9:45a (MH)<br><br>Cano Health Center<br>Bingo/Name that Tune 10am-11am (MH) | 3 <b>Choir Rehearsal</b> 9:30a-11:00a (CR)<br><br><b>Yoga</b> 11:30am (CR)  | 4 <b>Field Trip</b> Walk 2 Wellness Miramar Regional Park 9a (45)<br><br>Broward County Property Appraiser 9a-11a (LA)<br><br>Body Movin! 9:45a (MH) | 5 <b>Chair Fitness</b> 9:30a-10:30a (CR)<br><br>Living Well #5 Diabetic Series 11am-1pm (CR)   | 7 Breakfast w/ Commissioner Perkins 8am Ali Cultural Arts Center<br><br>Tiger Trail Black Tie Gala 6p Marriott North                    |
| Soulful Sundays 6pm Ali Cultural Arts Center (\$10.00)  | 8 <b>Learn a New LINE DANCE</b> 10:00a-11:00a (CR)<br><br>Nutrition Education by Flipany-11a-12p<br><br><b>Field Trip</b> -The Produce Spot .99 Farmer's Market 12p-2p (60) 150 Powerline Rd. | 9 <b>Body Movin!</b> 9:45a (MH)<br><br><b>Field Trip</b> Blanche Ely High School's Black History Wax Museum 9:30a (60)              | 10 <b>Choir Rehearsal</b> 9:30a-11:00a (CR)<br><br>CarePlus BINGO 12pm-1pm (MH)   | 11 <b>Body Movin!</b> 9:45a (MH)<br><br>Tiger Trail Cyber Security Forum for Seniors 10a-12p   | 12 <b>Zumba</b> 10:00am (CR)<br><br>Delta Sigma Theta Sorority Inc./Chen Med (E)/Humana (D) 10:30a (MH)<br><br><b>Wear Red/Pink</b><br><br>Living Well #6 Diabetic 11-1pm (CR) | 13 Valentine's Day Tiger Trail Boynton 5k Run/Walk 6a<br><br>Valentines Dance 6pm-9pm E. Pat Larkins Center 2/13                        |
|   | 15 <b>President's Day</b><br><br><b>HOLIDAY CITY CLOSED</b>   | 16 <b>Body Movin!</b> 9:45a (MH)<br><br><b>Haircuts</b> 9:45a (SO)<br><br>Zumba sponsored by All in One Health 10am-11am (MH)       | 17 <b>Choir Rehearsal</b> 9:30a-11:00a (CR)<br><br><b>Yoga</b> 11:30am (CR)   | 18 <b>Body Movin!</b> 9:45a (MH)<br><br>Chen Medical Center (F) 10am-11am (MH)   | 19 <b>Chair Fitness</b> 9:30a-10:30a (CR)<br><br><b>Field Trip</b> -Lunch Rustic Inn Crabhouse-Dania 10a-1:30p (60)  | 21 Tiger Trail Festival/Kids Village 10a MLK Jr. Blvd   |
| 22 <b>Early Bird BINGO 9:30a-10a</b><br><b>Praise &amp; Sing Along 10a-11:30a (GR)</b>  | 23 <b>Body Movin!</b> 9:45a (MH)<br><br><b>Field Trip</b> Health & Wealth Expo 9:30a-11:00a (60)  | 24 <b>Choir Rehearsal</b> 9:30a-11:00a (CR)<br><br>Tina's Giving ❤ 11:30am (MH)   | 25 <b>Birthday Celebration</b> Potluck 11:30am-1:00pm<br><br>THEME: African Attire<br><b>Black History Tribute</b> 10am by Queens Little Angels | 26    | 27 <b>Field Trip</b> Boca Town Center Mall 10:00a-1:30p (60)   | 28 Tiger Trail Ordinary People Doing Ordinary Things 10a E. Pat Larkins<br><br>Tiger Trail Stage & Screen Showcase 2p Ali Cultural Arts |

Grid: (MH)=Main Hall, (GR)=Game Room, (CR)=Craft Room, (SO) Small Office, (LA)=Lobby Area

Schedule subject to change due to weather, programming needs, or scheduling conflicts