

August 2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Grid: (MH)=Main Hall, (GR)=Game Room, (CR)=Craft Room, (SO) Small Office, (LA)=Lobby Area

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3	Praise & Sing 4 Along 10a (GR) Line Dance  11:30a (MH)	Supervisor of 5 Elections 9a-1p (LA) Body Movin! 9:45a (MH)	CapTel- 6 Captioned Telephone Presentation 10am (MH) Yoga 11:30am (CR)	Body Movin! 7 9:45a (MH) Broward County Property Appraiser 10a- 12p (LA) Zumba 10a- 10:30a (GR)	Chair Fitness 8 9:45a (CR) Choir Practice 9:30a-11:00a  (CR) Singing Performance by The House of God Children's Choir 12p (MH)	9	
Soulful Sunday's \$10.00 Ali Cultural Arts 6pm	10 Nutrition 11 Class (ATDT) 10a (CR) Flipany Healthy Class 11am (MH)	Body Movin! 12 9:45a (MH) Health Talk Sponsored by CarePlus 10a (MH) Field Trip Library 11:45a	Choir 13 Practice 9:30  11:00a (CR) BINGO-Healthy Partners 11:30 Nutrition Class (F.S.F) 12p CR	Body Movin! 14 9:45a (MH) In-House Movie Sponsored by Chen-Eric 11:30a	Field Trip 15 (40) Lunch & Learn @ SPROUTS Coconut Creek 10:30a	16	
17	Haircut & 18 Eyebrows 9:45a (SO) Praise & Sing Along 10a (GR) Flipany Healthy Class 11am (MH)	Body Movin! 19 9:45a (MH) Doc Talk Sponsored by Devoted 10a (MH)	BINGO 20 Sponsored by Ameri Health Caritas 10a (MH) Yoga 11:30am (CR)	Senior 21 Citizen's Day Body Movin! 9:45a (MH) Field Trip (40) Lunch w/ Arts Music Edition 11:45a	Chair 22 Fitness 9:45a (GR) Choir Practice 9:30  11:00a (CR) Field Trip (45) Blanche Ely House Museum Tour 11:45a	23	
24	Nutrition 25 Class (ATDT) 10a (CR) Grove Chair Exercise Sponsored by Chen Senior Medical Center 12p (CR)	Body Movin! 26 9:45a (MH) Brain Health & Birthday  Celebration Party Sponsored by UM 10a-1p THEME: Family Reunion T- Shirts	Choir 27 Practice 9:30  11:00a (CR) BINGO Sponsored by All-in-One Health Ins. Agency 10a (MH) Nutrition Class (F.S.F) 12p (CR)	Senior CarFit 28 Program 9a- 12:30p-Sign-up Body Movin! 9:45a (MH)  10a-11a	Line Dance 29  10:00a (MH) Field Trip (45) Kester Cottages Museum Tour 11:45a	30	
31	Schedule subject to change due to weather, programing needs, or scheduling conflicts *Field Trip time on calendar is leave time*						