

March 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	Early Bird 2 BINGO 9:30a-10a Praise & Sing Along 10a-11:30a (GR)	Body Movin! 3 9:45a (MH) Cano Health Center Bingo/Name that Tune 10a-11a (MH)	Haircuts 4 9:45a (SO) Choir  Rehearsal 9:30a-11:00a (CR) Yoga 11:30am (CR)	Broward 5 County Property Appraiser 9a-11a (LA) Body Movin! 9:45a (MH)	Chair Fitness 6 9:30a-10:30a (CR) Field Trip Walmart Supercenter 11:30a-2p (60) Retro Night @ Herb Skolnick 5:30p	Breakfast w/ 7 Commissioner Perkins 8a-10a Ali Cultural Arts Center Nana's Closet 7a @ E. Pat Larkins Center
Soulful Sundays 6pm Ali Cultural Arts Center (\$10.00 on Eventbrite) International Women's Day	8 Learn a New LINE DANCE 9 10:00a-11:00a (CR) Nutrition Education by Flipany-11a-12p	Body Movin! 10 9:45a (MH) Rock Road Historical Group 10a-12p (MH)	Choir  Rehearsal 11 9:30a-11:00a (CR) Poetry & Storytelling Series 11:30a-12:30p (CR)	Body Movin! 12 9:45a (MH) All in One Health Insurance Agency 10a-11a (MH)	Zumba 13 10:00am (CR) Field Trip Happi Farm Petting Zoo & Horse Back Riding 11:15a-2:30p (60)	14
15	Early Bird 16 BINGO 9:30a-10a Praise & Sing Along Retreat 10a-12:30p (CR)	St Patrick's 17 Day Body Movin! 9:45a (MH) Haircuts 9:45a (SO) Small Biz Tech Workshop (40) 11a-1p (CR)	Choir  Rehearsal 18 9:30a-11:00a (CR) Arts & Crafts 12p-1p	Body Movin! 19 9:45a (MH) Caring Insurance 10a-11a (MH) St Patrick's Day Recognition - Wear Green	Chair Fitness 20 9:30a-10:30a (CR) Field Trip Senior Games McTyre Park 9a-2p (40) Must participate	21
22	BINGO 23 Sponsored by I & B Medical 10a-11a (MH) Nutrition Education by Flipany-11a-12p	Birthdays 24 Celebration Potluck  11:30am-1:00pm THEME: March Madness College Basketball T-shirt	Choir  Rehearsal 25 9:30a-11:00a (CR) Tina's Giving  11:30am (MH) Yoga 11:30am (CR)	Body Movin! 26 9:45a (MH) Your Kidney's & You Workshop presented by Urban League of Broward County 10a-11a (MH)	Field Trip 27 Manatee Lagoon/Buds Chicken & Seafood 9:45a-2:30p (60)	28
29	Early Bird 30 BINGO 9:30a-10:30a	Body Movin! 31 9:45a (MH)	<p>Grid: (MH)=Main Hall, (GR)=Game Room, (CR)=Craft Room, (SO) Small Office, (LA)=Lobby Area</p> <p>Schedule subject to change due to weather, programing needs, or scheduling conflicts</p>			