

# August 2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**Grid:** (MH)=Main Hall, (GR)=Game Room, (CR)=Craft Room, (SO) Small Office, (LA)=Lobby Area

|                                                                                                  |                                                                                                                                                                                         |                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                   |                                            |                                                                               |
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| <b>Grid:</b> (MH)=Main Hall, (GR)=Game Room, (CR)=Craft Room, (SO) Small Office, (LA)=Lobby Area |                                                                                                                                                                                         |                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                   | <b>Word Search 1</b><br>Contest<br>12:00pm | Breakfast w/ 2<br>Commissioner<br>Perkins Free<br>8:00am-Ali<br>Cultural Arts |
| 3                                                                                                | <b>Praise &amp; Sing 4</b><br><b>Along 10a (GR)</b><br><br><b>Line Dance</b><br><br><b>11:30a (MH)</b> | Supervisor of 5<br>Elections 9a-1p<br>(LA)<br><br><b>Body Movin!</b><br>9:45a (MH)                                                                                                                                                                     | CapTel- 6<br>Captioned<br>Telephone<br>Presentation<br>10am (MH)<br><br><b>Yoga 11:30am</b><br>(CR)                                                                                                                                                                          | <b>Body Movin! 7</b><br>9:45a (MH)<br><br>Broward County<br>Property<br>Appraiser 10a-<br>12p (LA)<br><br><b>Zumba 10a-</b><br>10:30a (GR)                                                              | <b>Chair Fitness 8</b><br>9:45a (CR)<br><b>Choir Practice</b><br>9:30a-11:00a <br>(CR) Singing<br>Performance by<br>The House of<br>God Children's<br>Choir 12p (MH)           | 9                                          |                                                                               |
| Soulful<br>Sunday's<br>\$10.00 Ali<br>Cultural Arts<br>6pm                                       | 10 <b>Nutrition 11</b><br><b>Class (ATDT)</b><br>10a (CR)<br><b>Flipany Healthy</b><br>Class 11am<br>(MH)                                                                               | <b>Body Movin! 12</b><br>9:45a (MH)<br>Health Talk<br>Sponsored by<br>CarePlus 10a<br>(MH) <b>Field Trip</b><br>Library 11:45a                                                                                                                         | <b>Choir 13</b><br><b>Practice 9:30</b> <br>11:00a (CR)<br><br>BINGO-Healthy<br>Partners 11:30<br><b>Nutrition Class</b><br>(F.S.F) 12p CR                                                  | <b>Body Movin! 14</b><br>9:45a (MH)<br><br>In-House Movie<br>Sponsored by<br>Chen-Eric<br>11:30a                                                                                                        | <b>Field Trip 15</b><br><b>(40)</b><br>Lunch & Learn<br>@ SPROUTS<br>Coconut Creek<br>10:30a                                                                                                                                                                      | 16                                         |                                                                               |
| 17                                                                                               | <b>Haircut &amp; 18</b><br><b>Eyebrows</b><br>9:45a (SO)<br><br><b>Praise &amp; Sing</b><br><b>Along 10a (GR)</b><br><br><b>Flipany Healthy</b><br>Class 11am<br>(MH)                   | <b>Body Movin! 19</b><br>9:45a (MH)<br><br>Doc Talk<br>Sponsored by<br>Devoted 10a<br>(MH)                                                                                                                                                             | BINGO 20<br>Sponsored by<br>Ameri Health<br>Caritas 10a<br>(MH)<br><br><b>Yoga 11:30am</b><br>(CR)                                                                                                                                                                           | Senior 21<br>Citizen's Day<br><br><b>Body Movin!</b><br>9:45a (MH)<br><br><b>Field Trip (40)</b><br>Lunch w/ Arts<br>Music Edition<br>11:45a                                                            | <b>Chair 22</b><br><b>Fitness 9:45a</b><br>(GR) <b>Choir</b><br><b>Practice 9:30</b> <br>11:00a (CR)<br><b>Field Trip (45)</b><br>Blanche Ely<br>House Museum<br>Tour 11:45a | 23                                         |                                                                               |
| 24                                                                                               | <b>Nutrition 25</b><br><b>Class (ATDT)</b><br>10a (CR)<br><br>Grove Chair<br>Exercise<br>Sponsored by<br>Chen Senior<br>Medical Center<br>12p (CR)                                      | <b>Body Movin! 26</b><br>9:45a (MH)<br>Brain Health &<br>Birthday <br>Celebration<br>Party<br>Sponsored by<br>UM 10a-1p<br>THEME:<br>Family<br>Reunion T-<br>Shirts | <b>Choir 27</b><br><b>Practice 9:30</b> <br>11:00a (CR)<br><br>BINGO<br>Sponsored by<br>All-in-One<br>Health Ins.<br>Agency 10a<br>(MH)<br><br><b>Nutrition Class</b><br>(F.S.F) 12p (CR) | Senior CarFit 28<br>Program 9a-<br>12:30p-Sign-up<br><br><b>Body Movin!</b><br>9:45a (MH)<br><br><br><b>10a-11a</b> | <b>Line Dance 29</b><br><br><b>10:00a (MH)</b><br><br><b>Field Trip (45)</b><br>Kester Cottages<br>Museum Tour<br>11:45a                                                     | 30                                         |                                                                               |
| Exotic Cars 31<br>& Coffee<br>Charlotte Burrie<br>Center<br>9am-1pm                              | <b>Schedule subject to change due to weather, programing needs, or scheduling conflicts</b><br><br>*Field Trip time on calendar is leave time*                                          |                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                   |                                            |                                                                               |